

Esomeprazole 10mg gastro resistant granules for suspension (sachets)

1. For a 10mg dose, add the contents of ONE 10mg sachet into 15mL of water
2. For a 20mg dose, add the contents of TWO 10mg sachets into 30mL of water
3. Stir
4. **Leave for at least 2 minutes to thicken. This is essential for the granules to disperse fully.**
5. Stir again.
6. Draw the suspension into an enteral syringe.
7. Administer through the enteric tube, French size 6 or larger within 30 minutes of reconstitution.
8. Refill the enteral syringe with a small amount of water and administer (this will rinse the enteral syringe and ensure that the total dose is administered)
9. Shake and flush any remaining contents from the enteric tube into the stomach. Any unused suspension should be discarded. Up to a 50mL volume of water is recommended for jejunal tube administration at any one time.



Parents should be given a copy of this guidance. [Click here](#). Note that it is essential to leave the granules sitting in the water for a few minutes in order for the granules to disperse fully to reduce the risk of blocking the enteric tube.